



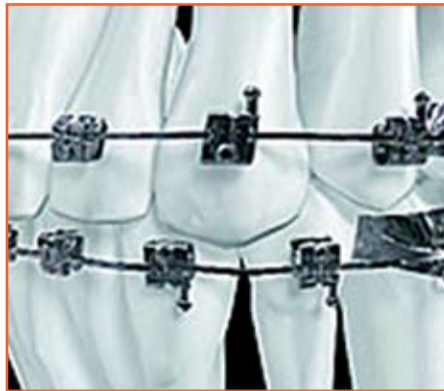
By **Karen Gardner**  
Clinica Dental La Plaza.

# Orthodontics **the latest technology for our generation**

MODERN ORTHODONTICS is all about treating faces, not just aligning teeth. This means that we design treatments to best suit the facial profile and growth tendencies, since we know that orthodontic treatments can improve a growing face or likewise have an adverse effect, depending on the treatment modality chosen.

### FAST ACTION ORTHODONTICS

SmartClip™ Self-Ligating Appliance System: Elastic free, self-ligating brackets are the latest technology and a breakthrough in orthodontics. They deliver a faster treatment, fewer appointments, greater comfort, and consistently high-quality results.



Smartclip

### NON EXTRACTION AND FACIAL DEVELOPMENT ORTHODONTICS

Conventional treatment often required removal of healthy teeth and/or the use of palatal expanders to make space. This approach is often uncomfortable, takes longer, and can leave a narrower arch and a flat facial profile. Modern orthodontics usually avoids extractions and uses light forces, and is specifically designed to improve the overall facial result of each patient.

### INVISIBLE ORTHODONTICS - THE CLEAR ALTERNATIVE TO BRACES

With breakthrough technology that lets you have the smile you've always wanted — without the hassle of braces. By using a series of clear, removable aligners, Invisalign® straightens your teeth with results you'll notice sooner than you think. The course of treatment involves changing aligners approximately every two weeks, moving your teeth into straighter position step by step, until you have a more beautiful smile. And unlike braces, these clear aligners can be removed while you eat and brush your teeth as usual.

### LESS TREATMENT TIME

An average Invisalign® course of treatment takes about a year. You have checks every 6 to 8 weeks for adjustments and to check progress. At regular intervals, you'll receive a new set of custom-molded clear aligners to continue the straightening process. The total number of clear aligners is specific to you, determined by your doctor for your course of treatment.



### THE REMOVABLE PUL BRACE – PULLS THE JAW INTO ALIGNMENT

To treat children with prominent upper teeth and retruding lower jaw - enhances lower jaw growth simplifies treatment and reduces overall treatment time for these children. For me, the PUL is the most important new brace in Orthodontics, and it is brand new in Spain. It is very comfortable, discreet and rapid in its effects. For these people it also improves breathing, prevents snoring, and treats poor sleep patterns which can be a problem associated with these types of faces. It avoids the need for headgear braces and elastics inside the mouth. As such it is greatly preferred by children; a true revolution for orthodontics.

If you are interested in the above or other treatments, please call our clinic on **966 461 120** to arrange a **FREE CONSULTATION**. If you mention this article you can save 10% off orthodontic treatments started before the end of the summer holidays 2010.

Article supplied by DR KAREN GARDNER, from Clinica Dental La Plaza. If you have any questions regarding this article or Dentistry in general, please call **96 646 1120** or visit website [www.clinicadentallaplaza.com](http://www.clinicadentallaplaza.com)

# Two for one

SMOOTH-TALKING AND hard bargaining from Moraira Teulada U3A secured a discount and a two for one deal on the purchase of two wheelchairs. The chairs are to be used by Teulada Town Hall for a new transport project – offering disabled people free transport to the medical centre and doctors' appointments.

Details of the project will

be announced soon but it is planned that by ringing a special number a couple of days in advance, people with either permanent or temporary disabilities can secure help. The chairs were handed to councillors at U3A's fun day at Font Santa last Friday – when members turned out for an afternoon of games and a buffet.

The day also raised €716

which will help provide much needed equipment for the Teulada Moraira branch of HELP. President Ann Colclough told RTN that U3A asked how they could help with the new service. "Sylvia Tatnell, the councillor for social services, asked for a wheelchair and because we got a very good deal, we got a discount and two for the price of one."



(left to right) Pamela Kershaw, Councillor Chantal Giron, Councillor Sylvia Tatnell and Ann Colclough

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