

Rejuvenate Skin with the Dermoroller

SKIN NEEDLING is a procedure for the stimulation of new collagen fibers and other skin cells. It is developed to promote collagen just below the surface of the skin. In contrary to all ablative techniques such as acids or laser it does not damage the skin nor is the epidermis removed.

HOW SKIN NEEDLING WORKS

Skin rejuvenation results from the natural response to wounding of the skin, even though the wound is minute it causes localized damage. Platelets are released and the normal process of inflammation commences, even though the wound is miniscule.



When thousands or tens of thousands of fine pricks are placed close to each other and one gets a field effect. This promotes the normal post-traumatic release of growth factors and infiltration of fibroblasts. This reaction is automatic and produces a surge of activity that inevitably leads to the fibroblasts being "instructed" to produce more collagen and elastin in the upper layer of the skin. Active ingredients in the skin care products can reach into the depths of the skin about 10,000 times more effectively than by simply applying the products topically. Different length needles reach to varying depths of the skin.

ADVANTAGES OF SKIN NEEDLING

- Treatment does not damage the skin.
- Skin becomes thicker, with greater than a 400% increase in collagen deposition and significantly more elastin.
- Any part of the body may be treated.
- Compared with laser resurfacing, it is less expensive and the skin is healthier.
- May be safely done in people with darker pigmented skin, without fear of hyperpigmentation.
- The skin does not become sun sensitive.
- Can be done on people who have had laser resurfacing or have very thin skin.

DERMOROLLING IS THEREFORE USED FOR :

- better penetration of skin care products.
- face / skin regeneration.
- wrinkles reduction.
- anti-aging prevention.
 - sun damage removal.
 - cellulite reduction.
 - stretch mark fade and removal.
 - face / skin regeneration and wrinkle reduction.
 - skin pigmentation problems removal.
 - deep scars (burn, surgery, acne scars etc) fade and reduction.
 - pitted skin and open pores reduction.



Article supplied by **DR KAREN GARDNER**, from Clinica Dental La Plaza. If you have any questions regarding this article or Dentistry in general, please call **96 646 1120** or visit website www.clinicadentallaplaza.com

WITH GUARANTEE STOP SMOKING IN UNDER 30 MINUTES

by using the unique combination of **FAST TRACK HYPNOSIS & LASER THERAPY**
Costa Blanca's Top Hypnotherapist



ALAN GILCHRIST
DHP, MCS, SQHP, MHA, MHS

WILL HELP YOU TO BE FINALLY FREE OF YOUR HABIT
IN ONE SIMPLE 30 MINUTE SESSION
NO CRAVINGS • NO WEIGHT GAIN • NO STRESS
NO LONG DRAWN OUT SESSIONS
- JUST FAST EFFECTIVE RESULTS

AS FEATURED AND PROVEN ON TV

LOSE WEIGHT!

ALAN'S HIGHLY SUCCESSFUL 30 MINUTE FAST TRACK WEIGHT CONTROL & LASER SESSION WILL HELP YOU ACHIEVE YOUR TARGET WEIGHT

WHY ALAN'S FAST TRACK HYPNOSIS?

- 24 YEARS EXPERIENCE
- OVER 50,000 CLIENTS!
- WHY OPT FOR ONE TYPE OF TREATMENT WHEN YOU CAN BENEFIT FROM 2 HIGHLY SUCCESSFUL TECHNIQUES IN ONE COMPLETE SESSION AT NO EXTRA COST!
- ALAN'S FAST TRACK TECHNIQUES HAVE BEEN FEATURED AND PROVEN ON BBC & UTV!

OTHER PROBLEMS ALAN HELPS WITH USING FAST TRACK HYPNOSIS, (EXC LASER)

BLUSHING, PHOBIAS, STRESS, FEAR OF FLYING, PERSONAL PROBLEMS etc.

DUE TO PUBLIC DEMAND ALAN NOW HAS CLINICS AT CABO ROIG - GUARDAMAR - CATRAL - BENIDORM
For a brochure / appointment / FREE initial consultation:

659 229 408

www.alangilchrist.com

Legally registered to practise in Spain and UK



ACUPUNCTURE



ROBERT VANDEVELDE

Former President Australian Acupuncture and Chinese Medicine Association
ACUPUNCTURE - CHINESE HERBS - CHINESE MANIPULATIVE THERAPY

Clinica Terapeutica
CTR Cabo La Nao 122
La Plaza Loc. 9
Javea
(Opposite Humpty Dumpty)

MORAIIRA Medifit Rehab
(underneath Clinica Assistel)

66 00 32 862

UNISEX HAIR, BEAUTY STUDIO
PANACHE
CREATIVE NAILS & CHIROPODY

PROVIDING EVERYTHING YOU NEED UNDER ONE ROOF!



UNISEX HAIR - Professional cutting, colouring, highlights, permanent waving and hair extensions (kodigo clip).

BEAUTY - Facials, Massage, Aromatherapy, Waxing, Reflexology, Pedicure

NAILS - Nail enhancements, manikure, shape & polish, rapid nails - completely new fast system for beautiful long nails



CHIROPODY - Chiropody, pedicure

HOLISTIC THERAPIES - Complementary therapies for mind, body and soul

SEMI-PERMANENT MAKE-UP - Eyebrows, Eyes, Lips, Restylane, Red Vein Treatment

GIFT VOUCHERS AVAILABLE

C/ Juan XXIII, Nº 9 - 03724 Moraira
Telephone 96 574 5357



your dentist

- 10% discount for pensioners
- Free 1st Consultation for adults & children
- 20% off Facial Rejuvenation

general dentistry
cosmetic dentistry
dental implants
orthodontics
facial rejuvenation

DR KAREN GARDNER
B.D.S.L.D.S 1988 & ASSOCIATES
"We provide all the services that dentistry has to offer and are specialists for implants, orthodontics, complex cases & facial aesthetics"

clinica dental la plaza
18 years in Javea

96 646 1120
emergencies 606 936 012
Ed La Plaza, next to Club de Tennis, Javea
www.clinicadentallaplaza.com



Spring into a New You with up to **30% off**

Medcare

www.medcarespain.com
doctors@medcarespain.com

Up to 30% off fillers for a limited period
Reduced lines and smoother skin
Call today for your personal 1 to 1 consultation

96 686 0258

gp care · well person health checks · diabetes · nutrition · asthma advice
botox & aesthetics · pain management · midwifery · psychotherapy

Trauma & Orthopaedic Surgeon

Dr. med. Peter Kimenai

www.kimenaitoc.de

- OPERATIONS
 - Paintherapy : Co2 Laser
 - Cryotherapy
 - Neural Therapy
 - Manual Therapy
 - Laser-Acupunctur
- Diagnostic: Densimetry
Ultrasound Scan



Insurances Accepted
ARESA, ADAC

Consultas Especialistas (Opposite the Church) **Alfaz del Pi**

By Appointment only **Tel: 629 047 583**

Consultations at:
Javea · Moraira · Alfaz del Pi · Benijofar